Disclosure Form Part One

SISC-SELF INSURED SCHOOLS OF CALIFORNIA Home Region: California 10/1/22 through 9/30/23

Principal benefits for Kaiser Permanente Traditional HMO Plan

Accumulation Period

The Accumulation Period for this plan is January 1 through December 31.

Out-of-Pocket Maximums and Deductibles

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

Amounts Per Accumulation Period	Self-Only Coverage (a Family of one Member)	Family Coverage Each Member in a Family of two or more Members	Family Coverage Entire Family of two or more Members
Plan Out-of-Pocket Maximum	\$1,500	\$1,500	\$3,000
Plan Deductible	None	None	None
Drug Deductible	None	None	None
Professional Services (Plan Provider of	fice visits)	You Pay	
Most Primary Care Visits and most Non-Pr			
Most Physician Specialist Visits			
Routine physical maintenance exams, including well-woman exams		No charge	
Well-child preventive exams (through age 2	No charge		
Family planning counseling and consultations			
Scheduled prenatal care exams			
Routine eye exams with a Plan Optometrist			
Urgent care consultations, evaluations, and treatment Most physical, occupational, and speech therapy			
	ierapy		
Outpatient Services	You Pay		
Outpatient surgery and certain other outpa			
Allergy antigens (including administration)			
Most immunizations (including the vaccine) Most X-rays and laboratory tests			
Hospitalization Services		You Pay	
Room and board, surgery, anesthesia, X-ra			
Emergency Health Coverage		You Pay	
Emergency Department visits		\$100 per visit	
Note: If you are admitted directly to the hos the Emergency Department Cost Share (s			tient Cost Share instead of
Ambulance Services		You Pay	
Ambulance Services		\$50 per trip	
Prescription Drug Coverage		You Pay	
Covered outpatient items in accord with ou Most generic items (Tier 1) at a Plan Pha Most brand-name items (Tier 2) at a Plar	armacy or through our mail-orde		ay supply
service	\$25 for up to a 100-d	ay supply	
Most specialty items (Tier 4) at a Plan Pr	\$25 for up to a 30-da	y supply	
Durable Medical Equipment (DME)	You Pay		
DME items as described in the EOC		No charge	
Mental Health Services		You Pay	
Inpatient psychiatric hospitalization			
Individual outpatient mental health evaluation and treatment			
Group outpatient mental health treatment			
Substance Use Disorder Treatment			
Inpatient detoxification			
Individual outpatient substance use disorder evaluation and treatment			
Group outpatient substance use disorder treatment		WE por vioit	
Group outpatient substance use disorder tr Home Health Services			

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Other	You Pay
Hearing aids every 36 months	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period)	
Prosthetic and orthotic devices as described in the EOC	No charge
Services to diagnose or treat infertility and artificial insemination (such as	the Cost Share you would pay if the Services were
outpatient procedures or laboratory tests) as described in the EOC	to treat any other condition
Assisted reproductive technology ("ART") Services	Not covered
Hospice care	No charge
Chiropractic and Acupuncture Coverage (through ASH Plans)	You Pay

Up to a combined total of 30 Chiropractic and Acupuncture visits per year \$10 copay per visit

Kaiser Permanente contracts with American Specialty Health Plans (ASH) to provide chiropractic and acupuncture care. Members must receive all their benefits from ASH Plans participating providers. ASH Plans contracts with Participating Providers and other licensed providers to provide covered Chiropractic Services (including laboratory tests, X-rays, and chiropractic appliances). ASH Plans contracts with Participating Providers to provide acupuncture care (including adjunctive therapies, such as acupressure, moxibustion, or breathing techniques, when provided during the same course of treatment and in conjunction with acupuncture). You must receive covered Services from a Participating Provider or another licensed provider with which ASH contracts, except for Emergency Chiropractic Services, Emergency Acupuncture Services, Urgent Chiropractic Services, and Urgent Acupuncture Services, and Services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered Services that are authorized in advance by ASH Plans.

The list of Participating Providers is available on the ASH Plans website at **www.ashlink.com/ash/kp** or from the ASH Plans Customer Service Department at **1-800-678-9133**. The list of Participating Providers is subject to change at any time without notice.

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).