





# Know your health better with in-home screening

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## Request

Create an account on My.QuestForHealth.com to request a no-cost Insure® ONE™ colorectal screening kit.



### Receive

Your Insure® ONE™ cancer screening kit will arrive via mail within 2 weeks of your request.



#### Screen

Complete your noninvasive screening in the comfort of your own home using kit instructions.



#### Return

Return your kit through the included prepaid postage stamp by the program end date for lab processing.



#### Results

Receive your results report that you can use to discuss with your doctor.

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<sup>1.</sup> SISC PPO Members over age 65 enrolled on an active or <65 group are eligible for the free kit.

<sup>2.</sup>Data received from the MyHealthFinder website at health.gov. Full text available at https://health.gov/myhealthfinder/doctor-visits/screening-tests/get-screened-colorectal-cancer.