

2018 MEDICAL PLAN SUMMARIES OF BENEFITS

SISC/KAISER PERMANENTE

- [Kaiser HMO Traditional Plan](#)
[Info on Chiropractic and Acupuncture benefits for HMO Traditional Plan](#)
- [Kaiser High Deductible HMO/Health Savings Account](#)
[Kaiser Enrollment Form*](#)

SISC/BLUE SHIELD OF CALIFORNIA

- [Blue Shield HMO](#)
[HMO Prescription Drug Plan](#)
- [Blue Shield PPO](#)
[PPO Prescription Drug Plan](#)
- [Blue Shield High Deductible PPO/Health Savings Account](#)
[Blue Shield Enrollment Form**](#)

OPTUM HEALTH SAVINGS ACCOUNT INFORMATION

[OPTUM HSA FAQ](#)

[OPTUM HSA Short Guide](#)

*Kaiser - Be sure to check HMO or Deductible plan in Section A on enrollment form

**Blue Shield - HMO enrollment must include IPA & PCP numbers
HSA & PPO enrollment must include HSA or PPO written in the top margin

